

**RETURN WITH YOUR REGISTRATION FORM**



Dear Yogis,  
ManyDoors Yoga ("MDY") and this retreat have been created for you to connect, or reconnect, with your yoga practice. Our primary goal is to provide you with an opportunity to go deep into your practice, to explore and enjoy. It is our goal to offer these teachings as freely as possible and with the greatest possible access to them. However, these retreats involve risks and uncertainties and during our week, you may face bad weather, injury, and emotional challenges. Thus, we ask that you read and sign this waiver of liability. By signing it, you will be indicating that you understand the risks and take responsibility for your physical and emotional well-being.

**ASSUMPTION OF RISK**

1. I acknowledge that I have voluntarily applied to participate in the ManyDoors Yoga Retreat to be held at Haramara Resort in Sayulita, Mexico on June 4 through June 11, 2011, referred to below as "this event".
2. In consideration of MDY accepting my application for participation in this event, I agree to this release of claims, waiver of liability and assumption of risks. On behalf of myself, my heirs, executors, successors, administrators and assigns and any other person who may have an interest at common law or by operation of statute, I hereby waive any and all claims I or such parties may have now or in the future, and release from liability MDY, Kevin Collins, Naushon Kabat-Zinn and any employees, guides, agents or representatives ("the releasees") for any personal injury, death, property damage or loss or any nature suffered by me as a result of participation in any activity on the retreat with MDY due to any cause whatsoever including those arising out of, or in any way connected to or occasioned by the negligence of the releasees.
3. Terrain- Natural areas and waters are subject to natural forces which result in obstacles and hazards, some waters can be cold and extended immersion can be life threatening.
4. Isolation- Retreats are in wilderness and natural areas which may not be regularly patrolled, communication may be difficult and rescue and medical treatment may not be available for hours or even days.
5. Animals- Hiking, swimming and sea kayaking in natural areas may result in encounters with wild animals and insects which may injure or kill.
6. Weather- Weather may change rapidly and may be extreme, presenting significant challenges.

\_\_\_\_\_ (initial)

I acknowledge the enjoyment and challenge I receive from the activities of this retreat and the wilderness and natural outdoor experience, its isolation and the opportunity to experience wildlife and nature in a natural surrounding and state, and emotional experiences resulting from personal growth exploration, this is my reason for participating in this event, and I voluntarily assume all risks associated with these activities and freely waive any and all legal rights that I may have against the releasees.

\_\_\_\_\_ (initial)

**RELEASE**

3. As consideration for being permitted by MDY, Kevin Collins, and Naushon Kabat-Zinn to participate in these activities, I hereby agree that I, my assignees, heirs, distributees, guardians, and legal representatives will not make a claim against, sue or attach the property of MDY, Kevin Collins, Naushon Kabat-Zinn, their affiliates, employees, agents or volunteers or any of their affiliated organizations for injury or damage resulting from acts, howsoever caused, by any employee, agent, or contractor, or any of their affiliated organizations, as a result of my participation in this event. I hereby release MDY, Kevin Collins, Naushon Kabat-Zinn and any of their agents or affiliated organizations from all actions, claims or demands that I, my assigns, heirs, distributees, guardians, and legal representatives now have or may hereafter have for injury, damage, or death resulting from my participation in this event.

\_\_\_\_\_ (initial)

I am medically, physically, emotionally and in all respects fit and able to participate in this event. I have no medical requirement or condition except what is outlined in the Registration/Medical form.

I agree I will be fully and financially responsible for my own physical condition and well being during the retreat and will follow the safety precautions and instructions prescribed by Haramara, MDY, Kevin Collins, Naushon Kabat-Zinn and Haramara's hired operators.

I have read carefully and understand this agreement MDY and Haramara and/or its affiliated organizations, and sign it of my own free will.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_